

A photograph of a man with dark hair and a beard, wearing a blue t-shirt with yellow text, sitting on a couch and reading a book to a young child. The child is wearing a white tank top and is also looking at the book. The background is a plain, light-colored wall.

# TALINO

## CHARLOTTE MASON CURRICULUM

### KINDER

# SAMPLE

ONE WHOLE YEAR OF LESSONS FOR  
STUDENTS IN KINDERGARTEN

## YEN CABAG

*The first complete CM curriculum created  
specifically for Filipino students*

# TALINO

## Charlotte Mason Curriculum

Kinder

One Whole Year of Lessons for  
Students in Kinder 1 or Kinder 2



## **Talino Charlotte Mason Curriculum**

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# WELCOME

Thank you for purchasing the Great Minds Talino Charlotte Mason Curriculum. We look forward to journeying with you into finding beauty and creating beauty through the Charlotte Mason method of homeschooling.

Our goals for producing these materials include:

- To help parents to teach their children using the CM method with minimal preparation work
- To have everything on-hand and ready for students to begin as soon as possible
- To raise up readers and learners for life through the use of excellent-quality materials

The Talino Curriculum Guide covers lessons for the main subjects: Literature, Social Studies, Science, Filipino. In each Week's lessons, we have put a reminder box for doing your Riches, using our separate Great Minds Family Riches Curriculum or a collection of your choice. You will also pick your own Math curriculum depending on your child's age.

# HOW TO USE THIS GUIDE

The Charlotte Mason method of education is unlike most of what we grew up thinking about education. Because we follow principles that the British educator-reformer researched and concluded in the 1800s, it requires a lot of unlearning and re-learning. But I assure you, the effort will be worth it, as we will no longer be tossed to and fro by the wind, and instead become equipped in a time-tested and proven way of educating children in a way that awakens their minds and their full potential.

This is why, in this curriculum guide, we hope to help you, as the parent-teacher, to unlearn some of our old mindsets in education, and embrace new ones based on Charlotte Mason's philosophy, one little step at a time.

We have tried to stay as close to her philosophy as possible in creating this guide. But please note that because Charlotte Mason recommends formal academic education only for children 6 years and older, we consider the activities and resources in this curriculum guide as suggestions and recommendations, as opposed to requirements. We have compiled them to save you the time of planning or trying to think about the next thing to do.

None of these items are also required purchases, and in fact, we offer alternatives that are either free online, or may be printed or created DIY-style, with suggested links. As a disclaimer, because we may be linking to other people's websites for some of these DIY instructions, in the event that the links become broken in the future, we trust that you can do a quick Google search too to find what you need.

If, for some reason, the activities for a day are too much to pack into an already-busy schedule, we trust you to use your own discretion. Our goal is to create memories and a strong foundation of habits and experiences for our little ones, so that they grow up loving learning, stories, the outdoors, and all the other feasts of beauty that a Charlotte Mason education is sure to offer!

We explain the components in more detail in the section, "Teaching CM Preschool."

So let's jump in.



# GRADE LEVELS

We have created the guides following the way that Charlotte Mason categorized students:

- ✎ Students between the ages of 6 to 8, and sometimes 9, are considered Form 1
- ✎ From age 9 to 12, and sometimes over 12, the students are considered Form 2.
- ✎ From the ages of 12 to 15, they are considered Form 3.

So for Talino CM Curriculum, the rough division of grade levels can be:

## Kinder

We have designed the Talino Kinder Curriculum to be a good fit for children below 6 years old, which is the age that Charlotte Mason recommended for formal academic schooling. As such, you can use this guide for children in Kinder 1 or Kinder 2, or even younger if you prefer. Our suggestion is as follows:

- ✎ For children in Kinder 2, or age 5, you may use this guide over one year. Note that at the time of this writing, the DepEd required age of enrollment of a child in kindergarten is age 5, for Kinder 2.
- ✎ For children in Kinder 1, or age 4, you may stretch out this guide to use over two years. You can do this by spreading out each day's activities over two days instead of one day.
- ✎ If you want to use this guide for a child younger than 4 years old, you may do the lesson days 2 to 3 times a week, which will also mean that you will be able to use this guide for about 2 years.

## **Form 1 (Sets A, B, and C)**

For your future reference: If your child is in Grades 1 to 3, pick one of these guides. We recommend starting with Set A in your first year, then move on to B and C.

If your child is in Grade 3 this year, you can do Set A, then move on to Form 2 next year.

## **Form 2 (Sets A, B, and C)**

Form 2 is for children in Grade 4 to 6. Again, start with Set A in your first year of homeschooling in this age group.

## **Form 3 or High School (Sets As, B, C, and D)**

Our High School guides are for Grades 7 to 10. We also include suggested books for use with older students.

# TEACHING CM PRESCHOOL

In this section, we will share a very basic explanation of how we teach preschool the Charlotte Mason way. But please understand that this is in no way an exhaustive description of how to nurture your preschool-aged child using her philosophy, and we encourage you to continue researching and learning on your own or alongside your Charlotte Mason-trained provider.

As far as we understand her methods, we have highlighted the following activities to recommend you to enjoy with your kindergartener:

- ✿ Maximum **outdoor play** and exploration as a foundation for scientific learning
- ✿ **Play-based** learning of letters and numbers for no pressure lessons
- ✿ **Habit-training** and **life skills** equipping to become a blessing to people around
- ✿ Plenty of **music, dancing,** and **art** exposure for a feast of beauty
- ✿ **Handicraft,** which help strengthen little fingers and give the child a sense of accomplishment
- ✿ **Stories** and **poetry** to develop a love for language and the written word

Because of this, the outline of our daily lessons will include these activities rotated throughout the week. For each activity, we include our recommended resources, but feel free to substitute if you have others on hand.

## **Story Time: No narration required before 6 years old**

We understand that one of the most well-known elements of a Charlotte Mason education, which many parents are excited to try, is narration. Narration is simply telling back what has been read or heard, but is a strong tool for learning and assimilating what has been learned.

Sorry to disappoint you, but Charlotte Mason does not recommend requiring narration from a child below 6 years old. This means that, for this Kinder curriculum, we include stories you can read to your child, but please do not ask for a narration. There's plenty of time for that as he grows older! For now, our goal is just to enjoy cuddling and us **parents reading aloud** these beautifully-written stories, along with all the other activities for a gentle and pressure-free learning experience for your preschooler.

### **E-books versus Print Books**

One of the goals of Talino is its being accessible to many without needing to buy every book, so we have included options for using free e-books in the public domain. However, for the younger years, we heartily recommend print books if you have access to them. Although we include links to the e-books here in this guide, if you are able to buy the print versions, go ahead and enjoy building your family library of excellent living books!

We recognize that not all families have the budget to buy one book per week, which is why we have the free ebook recommendations. If you have a community where you can trade or borrow picture books, that would be an excellent way of sharing the cost. Otherwise, the free ebooks are available for you to use anytime, whether you want to read it on a laptop or to have them printed out.

One caveat about reading these ebooks on a phone or tablet, though, is that it may undermine your decision to limit gadget use, as explained in the next section.

### **A Note on Gadget Use**

Although gadgets were not around during Charlotte Mason's time, so she clearly wouldn't have had anything specific to say about them, my family and I are of the conviction that limiting gadget use for children, especially for preschoolers, has supreme benefits.

Research has shown that children who play fast-paced games on phones and tablets tend to have trouble paying attention. In a Charlotte Mason homeschool, we rely heavily on building up the habit of attention.

In addition, a strong reliance on visual images, very common in phone and tablet use, tends to undermine a child's natural hunger for stories told in literary form. It also fosters the debilitating lie that some people just "learn better through video," making them believe they are not able to understand the written word.

According to Charlotte Mason, the child's mind is perfectly capable and actually comes alive through excellently-written material, especially those that are written in a narrative, conversational way. We would like to nurture and maximize this natural gift.

As such, we would like to encourage you to be aware of the contradictory effect that gadget use has versus the habits we want to form through reading excellently-written and beautifully illustrated books.

On the other hand, we are well aware of some of the advantages that gadgets have brought into our lives, one of which is the availability of ebooks that we otherwise would not have access to.

From these convictions, each family will need to make their own decisions as to how much gadget use, if any, you will allow your children. This will depend greatly on your own lifestyle and goals for your children, so we do not impose anything specific in this area.

### **Teaching Reading and Math**

Charlotte Mason recommends formal academic education to start at 6 years old, but before that age, children already play a lot with blocks, letters, shapes, and numbers. In this guide, we have intentionally scheduled in games that promote letter- and number literacy.

However, some children may show earlier interest in learning to read. In that case, we would recommend you to supplement with your own reading program, or start to teach sight words or letter sounds at your child's pacing.

### **Board Games and Printables**

In this guide, we have included suggestions for board games to help your child learn letters and numbers in a fun, gentle way. Although Charlotte Mason has not mentioned

board games specifically in any of her writings, because the preschool years are considered a time for learning through play, we have happily included them in this guide.

Especially in a generation where children are increasingly dependent on devices and screens, we believe that creating a habit of playing board game with preschoolers paves the way for them to learn to have wholesome hands-on fun even as they grow older, while also learning important skills along the way. It also helps us, as a family, to have ways of bonding, without needing to rely on digital media, all through the years.

Plus, games are proven to develop skills in literacy and numeracy, a good foundation for the formal academic training in later years.

Again, these games are suggestions and recommendations, and we are in no way requiring anyone to buy expensive games. While you may buy them if you prefer, we have also included options for printables or ways to do-it-yourself.

### **Life Skills and Chores**

For Life Skills and Chores, we have included basic cooking and laundry-related skills and clean-up tasks that we believe is within the abilities of a preschooler. However, children mature at different rates, so we trust that you will use your own discretion as a mother to adjust these activities as necessary.

### **Habits**

This guide also includes three habits to focus on throughout the year, 12 weeks for each habit. But if you would like to learn more about how the Charlotte Mason method teaches habits, we recommend you to read Charlotte Mason's books or other resources online, as the details are beyond the scope of this guide.

# OUTLINE OF WEEKLY LESSONS

Here we outline the contents of each Week of lessons:

## Invitation to Parents

At the start of each Week, we have prepared a short invitation to ponder on a certain aspect of Charlotte Mason's principles.

### *Disclaimer*

*Although this guide includes weekly readings for parents, this is not a substitute for the parents' continual learning about the Charlotte Mason method, whether through personal research or attending trainings conducted particularly by CM homeschool providers. We encourage you to continue learning and getting involved with other CM families for training and support.*

## Lessons

The guide includes 36 weeks of lessons divided into 5 days per week. In the space provided at the top of each week, you can input the date that you begin that week.

For the Charlotte Mason method, formal academic lessons begin at age 6. Before that, we focus on the following things:

- ✿ Maximum outdoor time and exposure to nature
- ✿ Habit training
- ✿ Songs (including action songs)
- ✿ Stories and Poems

We also use plenty of play- and game-based activities to form a foundation for literacy and numeracy. Some children are ready to learn to read before the age of 6, and if your child is eager to learn, we encourage you to add your own reading program. If not, this guide includes suggested games and activities to foster enjoyment of learning letters and numbers, which we believe will form a strong foundation for future reading and math lessons.

We lay out the lessons in boxes, and arranged in a suggested order, so you can do them following the flow on the page, or in any order you prefer.

### **Lesson Rotation**

In order to keep the school day from getting too long, we have scheduled some lessons on a rotation basis. Some examples of the way we have rotated activities include:

- ☞ Songs: We have included suggested songs everyday, with a different theme per day. For example, on Day 1, the song is a hymn, and on Day 2, a Filipino folk song.
- ☞ We have scheduled Handicrafts for Days 1 and 3, and an optional extra time on Day 5, and with a different handicraft. We encourage you to take the time to work on handicrafts with your little ones!
- ☞ Life Skills are scheduled on Days 2 and 4, with the activity on Day 4 simply reinforcing what was taught in Day 2.

### **Handicrafts**

We have scheduled handicrafts a minimum of 2 days a week, with an optional third day if you want it. Days 1 and 3 contain the same handicraft, so that the child can hone his skills, while the optional add-on day is an entirely different activity. We include basic instructions, but if you need more detailed directions, we recommend you to Google step-by-step instructions or perhaps a YouTube video to help you along.



## Riches

Although we recommend families to use a Family Riches Guide (coming soon), we intentionally include the Riches in the Kinder Guide as a gentle introduction, perfect for families new to the Charlotte Mason method:

- **Hymns:** We have scheduled the hymns which are also found in our Finding Beauty in Hymn Study guide, so you can enjoy these together as a family. You may access the playlist Finding Beauty in Hymn Study here: <https://www.youtube.com/playlist?list=PLAyDFL6nvy6fY21dNO8lZoK71aT32CP4C>
- **Folk Songs and Nursery Rhymes:** We have included the titles in this guide, but we leave it to your discretion to either use a YouTube video or sing it on your own :) Personally, we recommend you to learn the song yourself and sing it with your child rather than playing a YouTube video because it may increase your child's dependence on devices and screens :D Unfortunately, we're running into a snag creating a playlist for you because of YouTube rules for content made for kids :( But you can compile your own playlist to make it easier to locate! :)
- **Special Addition of Action Praise and Worship Songs:** For the Kinder guide, we took the liberty of adding an action praise and worship song one day of the week, in order to get your child (and you!) moving and having fun together! Unfortunately, we're running into a snag creating a playlist for you because of YouTube rules for content made for kids. But we've inserted the links into the daily guide to help you out!
- **Picture Study:** We have included a more relaxed version of picture study, scheduling one painting to observe and enjoy every four weeks. We include the links to the paintings in the daily schedule, so you can click them if you choose to use this guide as a PDF.

*Due to the large file size of images, we opted not to include the actual images in this guide. If you opt to have them printed, we also include the Picture Study image links in the Appendix so that you can easily have them printed out.*
- **Composer Study:** We also schedule these every four weeks, but instead of focusing on one musician every term, we opted to introduce our preschoolers to some of the

most famous classical music first. We listed the titles in the daily guide and created this playlist named Talino Kinder Composer Study for you: [https://www.youtube.com/playlist?list=PLAyDFL6nvy6fAAGVP\\_uyw7RVsKyOuUrZ1](https://www.youtube.com/playlist?list=PLAyDFL6nvy6fAAGVP_uyw7RVsKyOuUrZ1)

### **Remember: No Narrations for Children Below 6 Years Old**

Narration is one of the most well-known components of a Charlotte Mason education. If you have attended any seminar or training on CM, you probably liked the idea of having your child narrate everything you read. But again, just in case you missed the first explanation, Charlotte Mason does not recommend requiring a child below the age of 6 to narrate the stories you read. Instead, take story time as a moment to bond with your child and to foster a love of stories.

### **Mother Culture & Reflection Time**

At the end of each Week, we have included a portion called “Mother Culture & Reflection Time,” which can serve as a jumpstart for a regular time to cultivate your own growth as a mother, as well as a time to pause and reflect on the beauties of the previous weeks.

### **Creative Exams for Kinder**

For Kinder, we do not recommend doing formal exams. For record purposes, please consult with your provider as to what output will be needed for your Kinder student. If portfolio output is enough, you will not need to administer exams.

If, however, your provider will require exams, we included suggested questions to use every quarter, found at the end of this book, all crafted along the lines of asking your child to:

- ✿ draw or talk about his favorite books for the quarter;
- ✿ sing (and dance) his favorite songs, and/or play his chosen musical instrument;
- ✿ demonstrate how to perform a Life Skill or a Chore;
- ✿ and show his favorite handicrafts and nature finds.

## **Parent Quarterly Assessment**

Because homeschooling is a family affair, we added a section called Parent Quarterly Assessment, where we give you guide questions to help you evaluate your progress over the past quarter.

If you are enrolled with a provider, you may consider using this template as a guide to update your family coach of your experiences over the past quarter. If you are homeschooling independently, we hope these quarterly assessments can help you decide what areas you need to work on more and set action plans to reach these goals.

## **Appendix**

The Appendix contains all the printables, DIY instruction links, picture study links, that you will need for one whole year of lessons for a Kinder student.

# BOOKS NEEDED FOR ONE YEAR OF LESSONS

In our desire to make this curriculum accessible to as many families as we can, we have opted to use public domain books where possible. These refer to books that are no longer under copyright and are therefore available for free download as Kindle books, PDF books, or to read online.

For these public domain books, you may opt to use an e-reader, print them out, or buy hard copy books as available.

Book titles with an asterisk (\*) refer to those that need to be purchased, but we have provided a free public domain option, with a link from where you can download the book. You may then read it on a device or print it out! :)

We acknowledge that Charlotte Mason heartily recommends the younger years to be a time for parents to TELL stories to their children, as opposed to READING them. However, because not all of us have practiced our storytelling skills, having books to reach for can be a big help for us. :)

## Checklist of Books We Use in This Guide:

- Jesus Storybook Bible by Sally Lloyd-Jones\* or your own Bible story book
- Beatrix Potter books, either sold individually or in a set, but also free on public domain:
  - The Tale of Peter Rabbit (<https://gutenberg.org/ebooks/14838>)
  - The Tale of Benjamin Bunny (<https://gutenberg.org/ebooks/14407>)
  - The Tale of the Flopsy Bunnies (<https://gutenberg.org/ebooks/14220>)
  - The Tale of Tom Kitten (<https://gutenberg.org/ebooks/14837>)

- The Tale of Squirrel Nutkin (<https://gutenberg.org/ebooks/14872>)
- The Tale of Mrs. Tiggy-Winkle (<https://gutenberg.org/ebooks/15137>)
- The Tale of Johnny Town-Mouse (<https://gutenberg.org/ebooks/15284>)
- The Tale of Jemima Puddle-Duck (<https://gutenberg.org/ebooks/14814>)
- The Tale of Samuel Whiskers; or The Roly-Poly Pudding (<https://gutenberg.org/ebooks/15575>)
- The Tale of Mrs. Tittlemouse (<https://gutenberg.org/ebooks/17089>)
- The Tale of Mr. Jeremy Fisher (<https://gutenberg.org/ebooks/15077>)
- The Story of Miss Moppet (<https://gutenberg.org/ebooks/14848>)
- The Tale of Two Bad Mice (<https://gutenberg.org/ebooks/45264>)
- The Tale of Ginger and Pickles (<https://gutenberg.org/ebooks/14877>)
- The Tale of the Pie and the Patty Pan (<https://gutenberg.org/ebooks/15234>)
- The Tale of Mr. Tod (<https://gutenberg.org/ebooks/19805>)
- The Story of a Fierce Bad Rabbit (<https://gutenberg.org/ebooks/45265>)
- The Tale of Timmy Tiptoes (<https://gutenberg.org/ebooks/14797>)
- The Tailor of Gloucester (<https://gutenberg.org/ebooks/14868>)

## STORY TIME OPTIONS:

For these next set of books, scheduled on Day 3 of every week, you may opt for the free ones, or substitute with the suggested books for sale in the next Option:

### Option 1: Public domain books

- A Frog He Would A-Wooing Go by Randolph Caldecott (<https://gutenberg.org/ebooks/14077>)
- The House That Jack Built by Randolph Caldecott (<https://gutenberg.org/ebooks/12109>)
- A Farmer Went Trotting Upon His Grey Mare by Randolph Caldecott (<https://gutenberg.org/ebooks/18596>)
- Ride A Cock-Horse To Banbury Cross by Randolph Caldecott (<https://gutenberg.org/ebooks/18596>)
- Hey Diddle Diddle and Baby Bunting by Randolph Caldecott (<https://www.gutenberg.org/ebooks/19177>)
- The Milkmaid by Randolph Caldecott (<https://gutenberg.org/ebooks/19868>)
- The Three Jovial Huntsmen (language slang) by Randolph Caldecott (<https://gutenberg.org/ebooks/34433>)
- The Queen of Hearts by Randolph Caldecott (<https://gutenberg.org/ebooks/34433>)
- The Farmer's Boy by Randolph Caldecott (<https://gutenberg.org/ebooks/34433>)
- The Panjandrum Book: Come Lasses and Lads by Randolph Caldecott (<https://gutenberg.org/ebooks/28557>)
- Johnny Crow's Garden by L. Leslie Brooke (<https://www.gutenberg.org/ebooks/10469>)

- A Apple Pie by Kate Greenaway (<https://www.gutenberg.org/ebooks/15809>)
- The Little Red Hen (Anonymous) (<https://www.gutenberg.org/ebooks/18735>)
- The Story of the Three Little Pigs by L. Leslie Brooke (<https://www.gutenberg.org/ebooks/18155>)
- Children's Hour with Red Riding Hood by Watty Piper (<https://www.gutenberg.org/ebooks/11592>)
- The Three Little Kittens by Anonymous (<https://www.gutenberg.org/ebooks/31342>)
- The Sleeping Beauty Picture Book by Walter Crane (<https://www.gutenberg.org/ebooks/23521>)
- Denslow's Humpty Dumpty by W.W. Denslow (<https://www.gutenberg.org/ebooks/25883>)
- Willie Mouse by Alta Tabor (<https://www.gutenberg.org/ebooks/18742>)
- Wee Peter Pug by Ernest Aris (<https://www.gutenberg.org/ebooks/18760>)
- More Russian Picture Tales by Valery Carrick (<https://gutenberg.org/ebooks/23462>)
- The Golden Goose Book by L. Leslie Brooke (<https://gutenberg.org/ebooks/15661>)
- The Frog Prince and Other Stories by Walter Crane (<https://gutenberg.org/ebooks/20437>)

**Option 2: Picture Books you may buy for your personal library, to substitute for Day 3 Story Time:**

- Eric Carle books: The Very Hungry Caterpillar, The Grouchy Ladybug, A Home for Hermit Crab, The Seahorse, or other books\*

- Corduroy by Don Freeman\*
- Gene Zion books: Harry the Dirty Dog books\*
- Robert McCloskey books: Blueberries for Sal, Make Way for Ducklings etc\*
- Ox Cart Man by Donald Hall\*
- Harold and the Purple Crayon by Crockett Johnson\*
- Snowy Day by Ezra Jack Keats\*
- We're Going on a Bear Hunt by Michael Rosen\*
- The Gruffalo by Julia Donaldson\*
- The Story of Ferdinand by Munro Leaf\*
- Caps for Sale by Esphyr Slobodkina\*
- Virginia Lee Burton books: Mike Mulligan and the Steam Shovel, The Little House etc\*
- The Story About Ping by Marjorie Flack\*
- The Little Engine That Could by Watty Piper\*
- Shirley Hughes books: Alfie stories, Dogger, etc\*
- Stella Luna by Janell Cannon\*
- Curious George (make sure you buy the original versions) by H.A. Rey\*
- Lillian and Russell Hoban's Frances books\*
- Punchinello books by Max Lucado\*



**Other books included in this schedule:**

- The Real Mother Goose Illustrated by Blanche Fisher Wright (<https://www.gutenberg.org/ebooks/10607>)
- Optional or as a substitute:** Winnie-the-Pooh books by A.A. Milne\*
- Optional or as a substitute:** Thomas the Tank Engine stories by Rev. Awdry\*
  
- Under the Window by Kate Greenaway (<https://www.gutenberg.org/ebooks/22888>) **OR**
- When We Were Very Young by A.A. Milne\* and
- Now We Are Six by A.A. Milne\*
  
- Nature Stories Mother Nature Told Her Children by Jane Andrews (<https://www.gutenberg.org/ebooks/5792>) **OR**
- The Adventures of Danny Meadow Mouse by Thornton Burgess (<https://www.gutenberg.org/ebooks/25529>) **OR**
- The Adventures of Old Mr. Toad by Thornton Burgess (<https://www.gutenberg.org/ebooks/12630>) **OR**
- The Adventures of Grandfather Frog by Thornton Burgess (<https://www.gutenberg.org/ebooks/14375>)

**Note: The schedule includes The Adventures of Danny Meadow Mouse. But if you have either of these other Thornton Burgess books, you may automatically substitute them, as they have roughly the same length. We also chose these books because they feature animals that Filipino children are more likely to be familiar with, compared to the other animal stories that feature animals that live in North America.**

# RESOURCES YOU NEED TO ADD ON YOUR OWN:

In the Charlotte Mason method, a proponent of a rich curriculum, is not complete without what we call the “Riches.” These include Hymns, Folk Songs, Artist Study, Composer Study, and Handicraft.

Although we are creating a separate curriculum, called our **Family Riches Guides**, so that these treats can be enjoyed as a family, for the Talino Kinder Guide, we already included the Riches, at a lighter pace. If you are homeschooling older siblings and would like the whole family to go through Riches together, that’s perfectly fine, or you may also let your preschooler follow the pace in this guide.

Therefore, for your Kinder year, you will only need to add the following:

- Your own reading curriculum or materials if your child shows interest in learning to read at this stage
- Your own lessons for your chosen musical instrument
- Your own instructions for the suggested handicraft, if you need it. We have included handicrafts in the daily schedule, with a short description of what do do, but for more details, we recommend you to Google your preferred instructions, whether in written Steps or in YouTube videos

We have prepared this table below to help you list down the materials you will choose to add to this year’s lessons:

For:	I will use:
Teaching reading if child is ready	
Musical Instrument	

# MATERIALS AND SCHOOL SUPPLIES

Here we list the materials you will need for this school year:

- A sketch notebook or blank-sheet journal for nature journaling: we recommend either using it as a “family” nature journal, or for your child to have one and for you, as the parent, to keep one for yourself as well, as a model for your child.
- A large world map or globe for reference if any country is mentioned in the stories or songs
- Printed copies of your picture study prints, or the files in an easily accessible location on your device
- A tool for playing hymns, folk songs, and classical music (this can be a phone, a laptop, a tablet, or any other player)

## Letter games

- Household items labels printable (found in Appendix)
- Letter Bingo Cards printable (found in Appendix)
- Shapes Bingo Cards printable (found in Appendix)
- Two sets of wooden or plastic letters, or two sets of letter blocks for matching games
- Letter Cards printable (found in Appendix)
- Spot-It Game or printable (found in Appendix)
- A pack of regular playing cards

### **Color and number games**

- Snakes and Ladders game or printable (found in Appendix)
- Dominoes game or printable (found in Appendix)
- Jackstones, or DIY Chinese Jackstones (found in Appendix)
- Sungka game, or DIY using egg cartons and counters such as shells and pebbles
- Qwirkle game or printable (found in Appendix)
- Uno cards or printable (found in Appendix)
- Shut the Box game or regular playing cards or printable (found in Appendix)
- Carcassone game or printable (found in Appendix)

### **Get Moving Games**

- Sidewalk chalk or masking tape for creating Piko or Hopscotch box design
- Slippers and a can for Tumbang-Preso
- Chinese garter elastic (optional)
- Twister game or colored paper and printable cards (found in Appendix)
- 2 long pieces of bamboo or PVC pipe for dancing Tinikling + 4 short pieces on which to tap the poles
- Ball or Basketball
- Badminton rackets and shuttlecock

## Handicraft

- Clay (polymer and/or natural clay)
- Optional: ingredients for making own clay (recipe online)
- Chunky wooden beads or large plastic beads for making bracelets, elastic or cord to string them on
- Old t-shirts for making t-shirt yarn to be made into a braided rug
- Colored paper for origami
- Cardstock for Christmas card making + art supplies
- Cardstock for making a cardboard loom + yarn for weaving a pot holder

## Optional Additional Handicraft

- Bamboo sticks, string, Japanese paper or old plastic bags, and tape for making a kite
- Ingredients for making slime
  - you may purchase your ingredients yourself based on recipes online, such as on <https://www.cnet.com/home/smart-home/make-slime-without-borax/>
  - OR we have a trusted supplier on Shopee, a homeschooled high schooler herself: <https://shopee.ph/marshyellowslimes?v=cfe&smtt=0.0.5>)
- Colored paper and cardstock for making paper dolls or paper chain people
- Tinsel paper for making a Christmas lantern
- Bamboo sticks, Japanese paper, string or wire, for making a traditional Filipino parol

- Coconut or palm leaves for palm-leaf weaving
- Native materials or old newspaper for weaving
- Popsicle sticks (optional) for making a pen holder
- Old newspaper, water, glue, balloon for making a piñata

# WEEK 1

## Invitation to Parents

### The Mother is Qualified

*“The mother is qualified...by the Creator Himself, to become the principal agent in the development of her child; ... and what is demanded of her is—a thinking love ... (Vol 1, page 2)*

Congratulations on taking this leap to homeschool your child! Sometimes as mothers, we may feel unqualified to teach our children. After all, isn't that what we believe schools are for, where teachers are trained to teach children?

First off, I would like to share this line from Pestalozzi, one of the great names in education, which Charlotte Mason quotes in her Vol. 1, Home Education. Here he emphasizes that the mother herself is qualified. YOU are qualified to become the principal agent in the development of your child! Isn't that good news?

Then he goes on to say that what is demanded of us as mothers/parents is a thinking love. A love that's not just about emotions or feeling, but a love that thinks about what's best for our children.

Welcome to your first week of homeschooling! We are happy to journey with you!

# Day 1

# Week 1

Date: \_\_\_\_\_

## Song Time

Sing the hymn "All Things Bright and Beautiful" together.

## Bible

Read The Jesus Storybook Bible: The Story and the Song or 1 story from your chosen Bible storybook.

## Outdoor Time

Encourage outdoor play and exploration. Set a timer for a minimum of 30 minutes playtime outdoors.

## Nature Study

Find and observe an ant hill.

## Story Time

Read Beatrix Potter's The Tale of Peter Rabbit.  
<https://gutenberg.org/ebooks/14838>

## Recitation / Memory Verse

Read aloud Genesis 1:1-4

## Games

### Labeling things around the house:

Print out the included labels and have your child stick them to the appropriate objects.

You may read the words for your child; the goal is simply so he can associate that words mean actual things.

## Handicraft

Clay sculpting: Create everyday objects or animals with your child.

## Chores

Teach child to make/arrange his bed.

## Habit

Gratitude: GRATITUDE: Talk about (or draw in a Thank You Book) 3 things you and your child are thankful for today.



# Day 2

# Week 1

Date: \_\_\_\_\_

## Song Time

Sing the Filipino nursery rhyme "Paa tuhod balikat ulo" together.

## Optional Story Time

Tell a story in your own words to your child. OR, if you have Winnie-the-Pooh or Thomas the Tank Engine, you may read 1 story from these.

## Outdoor Time

Encourage outdoor play and exploration. Set a timer for a minimum of 30 minutes playtime outdoors.

## Nature Journal

Find one object to draw in nature journal. If child cannot draw yet, parent may draw and child can color.

## Poetry / Nursery Rhymes

Read 1-3 rhymes from The Real Mother Goose Illustrated by Blanche Wright  
<https://www.gutenberg.org/ebooks/10607>

## Recitation / Memory Verse

Read aloud Genesis 1:1-4

## Life Skills

Teach your child to assemble a sandwich using sliced bread and jam or any other spread. Teach hygiene by using proper utensils.

## Composer Study

Play Eine Kleine Nachtmusik by Mozart in the background while doing chores.

## Chores

Teach child to make/arrange his bed.

## Musical Instrument

Do 1 lesson of your chosen musical instrument if child is ready.

## Habit

GRATITUDE: Talk about (or draw in a Thank You Book) 3 things you and your child are thankful for today.

Date: \_\_\_\_\_

### Song Time

Sing the nursery rhyme "Head, Shoulders, Knees and Toes" together.

### Recitation / Memory Verse

Read aloud Genesis 1:1-4

### Outdoor Time

Encourage outdoor play and exploration. Set a timer for a minimum of 30 minutes playtime outdoors.

### Nature Study

Find and observe an ant hill.

### Story Time

Read Randolph Caldecott's A Frog He Would a-Wooing Go By  
<https://gutenberg.org/ebooks/14077>  
OR  
Eric Carle's The Very Hungry Caterpillar

### Picture Study

Look at Jan Brueghel the Elder's The Garden of Eden with the Fall of Man ([https://commons.wikimedia.org/wiki/File:Jan\\_Brueghel\\_the\\_Elder\\_-\\_The\\_Garden\\_of\\_Eden\\_with\\_the\\_Fall\\_of\\_Man.jpg](https://commons.wikimedia.org/wiki/File:Jan_Brueghel_the_Elder_-_The_Garden_of_Eden_with_the_Fall_of_Man.jpg))

### Games

Play pen-pen de sarapen using both your child's hands and both your hands. For each syllable, tap one finger and move on to the next. The finger on which the song ends needs to be folded in. Keep going until one person's fingers are fully folded in, making him the winner.

Lyrics to the folk song may be found here:  
<https://www.bethsnotesplus.com/2016/04/pen-pen-de-sarapen.html>

### Handicraft

Clay sculpting or Making your own polymer clay using instructions online.

### Chores

Teach child to make/arrange his bed.

### Habit

GRATITUDE: Talk about (or draw in a Thank You Book) 3 things you and your child are thankful for today.

Date: \_\_\_\_\_

### **Song Time**

Sing the Praise and Worship action song "Jesus Loves Me This I Know" together.  
<https://www.youtube.com/watch?v=SaDxCITXw>

### **Recitation / Memory Verse**

Read aloud Genesis 1:1-4

### **Outdoor Time**

Encourage outdoor play and exploration. Set a timer for a minimum of 30 minutes playtime outdoors.

### **Nature Study**

Find and observe an ant hill.

### **Poetry / Nursery Rhymes**

Read 1 poem from Under the Window by Kate Greenaway  
<https://www.gutenberg.org/ebooks/22888>

**OR**

When We Were Very Young and Now We Are Six by A.A. Milne

### **Blocks Time**

Play with wooden blocks, plastic blocks, or Legos, with your child, creating towers and other structures. Keyword: PLAY :)

### **Life Skills**

Teach your child to assemble a sandwich using sliced bread and jam or any other spread. Teach hygiene by using proper utensils.

### **Chores**

Teach child to make/arrange his bed.

### **Habit**

GRATITUDE: Talk about 3 things you're thankful for today.

# Day 5

# Week 1

Date: \_\_\_\_\_

### Song Time

Sing the children's song "Do-Re-Mi" together.

### Recitation / Memory Verse

Read aloud Genesis 1:1-4

### Outdoor Time

Encourage outdoor play and exploration. Set a timer for a minimum of 30 minutes playtime outdoors.

### Nature Story

Read Chapter 1 of Florence Bass's Nature Stories for Young Readers: Animals

<https://archive.org/details/naturestoriesfo00bassgoog/page/n14/mode/2up>

**OR**

1/2 Chapter 1, Thornton Burgess's The Adventures of Danny Meadow Mouse  
<https://www.gutenberg.org/ebooks/25529>

### Free Read Time

Child to pick one book from already read pile to read again.

### Composer Study

Play Eine Kleine Nachtmusik by Mozart in the background while doing chores.

### TIME TO GET MOVING!

Play Taguan or Hide and Seek with your child, either outdoors or indoors. Involve other family members if available.

### Handicraft

Optional extra handicraft day: Making a kite together

### Chores

Teach child to make/arrange his bed.

# Mother Culture & Reflection Time

Congratulations for finishing Week 1, homeschool momma! We hope these end-of-the-week short readings will help remind you how important you are, as a person. We added these Mother Culture Reflections to help you focus on taking care of yourself every week, too!

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*It is written somewhere, "A mother is only a woman, but she needs the love of Jacob, the patience of Job, the wisdom of Moses, the foresight of Joseph, and the firmness of Daniel." But a mother has not only to have all these things; she must have them all at once, often when she is quite young, and too often when she has had no previous training of any kind of the marvellously varied duties she has to perform. (Mother Culture, The Parents' Review, Volume 3, no. 2, 1892/93, pgs. 92-95)*

Do you sometimes feel that so much is demanded of you? I do! And isn't it a challenge to deal with so much: a career, family life, our children's health, and finally, even their education?

Don't worry, Mamma, you're not alone. This is the purpose of these Mother Culture Reflections at the end of each week... to help you breathe in thoughts of other mothers who have gone before us, and to realign us with who we are as individuals.

## Reflection:

Do I sometimes feel inadequate for all the tasks set for me?

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How do I cope when things are difficult? Who or what do I turn to for support?

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*Best regards from Yen Cabag :)*